



visit
sunderland www.visitsunderland.com



Welcome to Sunderland...

Sunderland is a city with a difference - a modern, bustling centre that is balanced with a relaxing green environment, stunning coastal scenery and a refreshing attitude to life.

In Sunderland, quality of life and quality of environment go hand in hand. The rapidly improving city centre has an enviable location, set right on the mouth of the River Wear next to an award-winning coastline and surrounded by easily accessible countryside. Add to that a range of outstanding heritage, cultural and sporting attractions and you'll find that Sunderland has everything you need for an ideal short break. Whether you're after relaxation, invigoration or both, Sunderland's distinctive mix of city, coast and countryside will definitely be a breath of fresh air.

This information can be made available in large print, Braille, audio and other languages. Please contact the Tourist Information Centre on 0191 553 2000 or email tourist.info@sunderland.gov.uk for help.

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History and Heritage

From its earliest foundation in Anglo-Saxon times, Sunderland has grown and prospered on the banks of the River Wear.



Washington Old Hall



Sunnyside Gardens

The city's history and culture were formed by its connection to the sea and by the industry and endeavour of its people. The city's emergence as a focus for learning and industry began in Anglo-Saxon times, when the nobleman Benedict Biscop - Sunderland's patron saint - established a European centre of learning at the twin monastic settlement of St Peter's and St Paul's. It was here that the Venerable Bede wrote the first history of England, the art of glass-making was introduced to the UK, and where the renowned Saxon Bible, the Codex Amiatinus, was produced.

By the year 1500, Sunderland was one of the wealthiest towns in England and to this day it is still the largest city by population between Leeds and Edinburgh. However, it was the 18th and 19th centuries that saw its population grow from 15,000 to 150,000, as the wealth of Wearside coal and the need for ships to transport it, turned Sunderland into the world's biggest shipbuilding town.

On the banks of the river Wear today, you can take a stroll along the riverside where an array of public art can be found reflecting Sunderland's past and catch the latest exhibition at the National Glass Centre. The legacy of this Victorian wealth is still evident in the city today.

Washington Old Hall is another attraction which bears witness to Sunderland's rich history and heritage. Standing proud, it is the ancestral home of the first President of the United States - George Washington - with historic ties between Sunderland and Washington DC stemming back to

1183. The city has signed a unique Agreement of Friendship with Washington DC, the only city in the UK to have such links.

On the outskirts of the city the neighbouring towns of Hetton-le-Hole and Houghton-le-Spring are also well worth a visit. A number of fascinating heritage attractions, green spaces and events can be found here, like the parish church of St Michael and All Angels which dates back to Norman times and contains the tomb of Bernard Gilpin, known as 'the Apostle of the North'.

With a fascinating heritage going back centuries, Sunderland has a superb array of places of historical interest to visit and explore.



Fulwell Windmill

Washington Old Hall, Washington

One of the UK's 'great little houses' Washington Old Hall is a charming 17th century manor house, which still has some remnants of the original 12th century dwelling that was home to the direct ancestors of the first President of the United States, George Washington. Restored to its original Jacobean condition, the Hall houses a treasure trove of George Washington memorabilia and the beautiful gardens are well worth a visit.

Fulwell Windmill

One of Sunderland's best known landmarks and a feature of the city's skyline for 200 years, Fulwell Windmill is a Grade II listed building and the only remaining working windmill in the North East. Restored in 2000 and with a visitor centre and shop, the windmill offers demonstrations of grain milling as well as a fascinating behind the scenes tour of the five floors of internal workings.

Mowbray Park

One of the oldest municipal parks in North East England, Mowbray Park is a green oasis in the heart of the city. Restored to its former Victorian splendour, the park boasts a blend of historic and modern features, including an ornamental lake and a children's play area. An intriguing array of artworks celebrates the city's connection with Lewis Carroll, who wrote his famous poem Jabberwocky whilst staying in the city.

Sunniside

Millions of pounds are being invested in Sunniside, breathing new life into its historic streets. It is home to 160 listed buildings and boasts the stunning £2million award-winning Sunniside Gardens. This beautiful city quarter is now bustling with new businesses, restaurants and cafés, niche fashion and art attractions, together with stylish apartments, townhouses and loft-style living.

National Glass Centre

One of North East England's unique attractions, the National Glass Centre is a fascinating experience for visitors of all ages and what's more it is free. Housed in a spectacular glass and steel building, the centre offers panoramic views overlooking the River Wear. Today the National Glass Centre produces, commissions and presents a programme of international exhibitions that celebrate the diversity of glass in art, design, history and science. It's also home to the Throwingstones restaurant, a relaxing venue with magnificent views of the riverside.



National Glass Centre

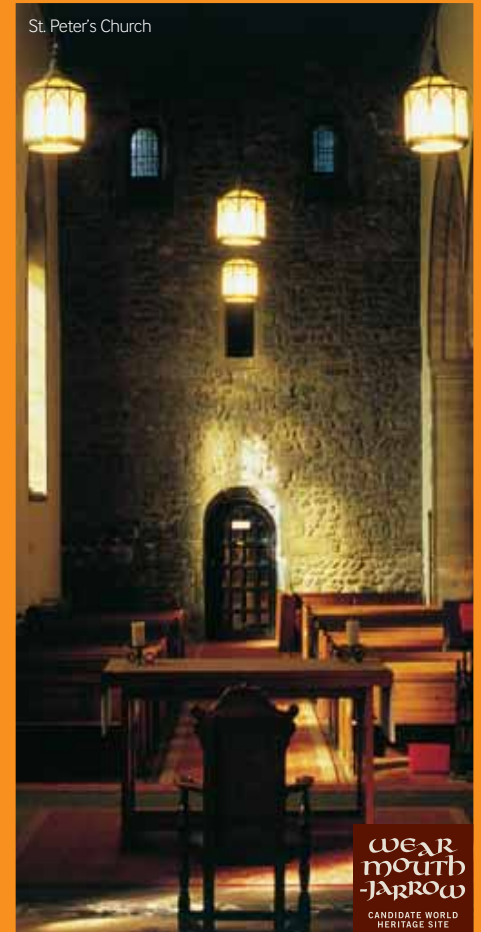


Mowbray Park

St Peter's Church

The Anglo-Saxon church of St Peter at Monkwearmouth is one of the UK's first stone built churches. Built in 674AD, the tower and west wall are original Saxon features and the church also has on display fragments of the oldest stained glass in the country, made by 7th century European craftsmen. Together with St Paul's in Jarrow, it formed the twin monastery of Wearmouth-Jarrow, which is to be the UK's nomination for World Heritage Site status in 2011. St Peter's Church features a coffee shop - Bede's Bakehouse, a craft shop and a community arts space.

For a full list of attractions visit page 20.



St. Peter's Church

WEAR
MOUTH
-JARROW
CANDIDATE WORLD
HERITAGE SITE

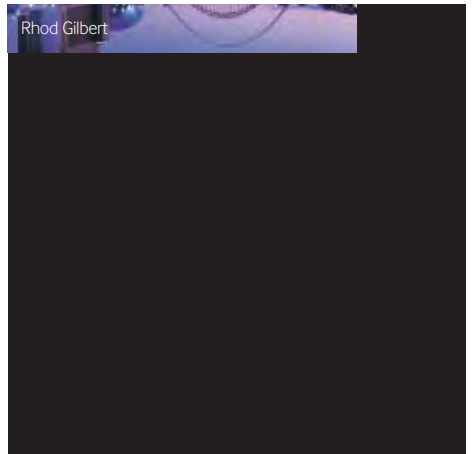
Culture

Find out why Sunderland is home to some of the most visited cultural attractions in the country.

Many cities can boast fantastic facilities for arts and culture, but the calibre and content of Sunderland's galleries, museums and theatres means that they regularly feature in critics' 'must see' lists and attract travelling shows and exhibitions on their first stop outside London.

The Northern Gallery for Contemporary Art presents changing exhibitions of new work by artists from around the world, bringing new art to the city.

The refurbished Sunderland Empire is resplendent in stunning red velvet and gold leaf, now pulling in even bigger crowds with its programme of major West End hits and one-off shows. Shows in 2010 include Dreamboats & Petticoats and Sleeping Beauty.



Dreamboats & Petticoats

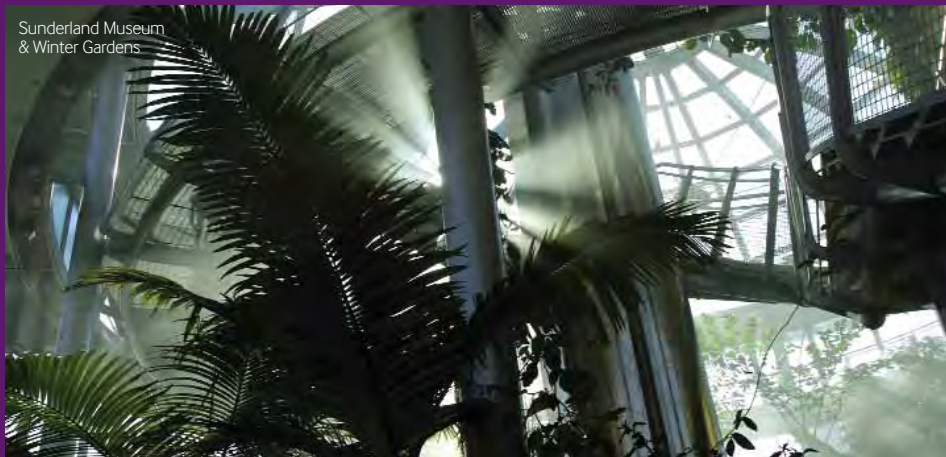
In the Sunderland Museum & Winter Gardens, rebuilt near the site of the original Victorian glass houses, a tropical rainforest flourishes with palms, tree ferns, bananas and citrus trees all housed in the stainless steel and glass rotunda.

While the Arts Centre Washington is a vibrant and exciting focus for arts activities, including exhibitions, theatre, dance, music and workshops for all ages.

Sunderland also boasts an amazing array of 150 artworks, which are displayed along the riverside, seafront, Mowbray Park and other locations, all inspired by the city's rich heritage. The latest addition is a giant glass and metal sculpture inspired by Sunderland's shipbuilding and glass making heritage, which is the stunning centrepiece of the newly regenerated Sunnyside Gardens.



Sunderland Empire



Sunderland Museum
& Winter Gardens

Sunderland Museum & Winter Gardens

The Sunderland Museum & Winter Gardens is hugely popular with visitors of all ages, and what's more, entry is free. A range of fascinating multimedia installations tell the city's story from its early foundations to the present day and one of the galleries boasts an extensive collection of painting by LS Lowry, who thought of Sunderland as his 'second home'.

Northern Gallery for Contemporary Art

Located on the top floor of the City Library & Arts Centre, the Northern Gallery for Contemporary Art has received great critical acclaim for its changing exhibitions programme, featuring the current work of local, national and international artists.

Monkwearmouth Station Museum

Monkwearmouth Station Museum, opened in 1973, provides displays of transport and local history to the public. Recently redeveloped, the museum has now widened its role to cater for family groups and in particular for children under five. New interactive galleries have been created, making it fun and exciting to learn about the history of travel and transport in Sunderland.

Sunderland Empire

Opened in 1907, the Sunderland Empire is the North East's largest theatre and a splendid example of Edwardian architecture. The Empire boasts 21st century facilities and is the only theatre between Edinburgh and Manchester capable of hosting large West End productions.

For a full list of attractions visit page 20.



Live music



Cultural events



Northern Gallery for
Contemporary Art

City Centre

Sunderland's city centre is developing rapidly as the pace of regeneration hotspots.



The retail heart of the city is focused around The Bridges Shopping Centre, where over 100 top name high street stores jostle for position along the bright and airy walkways.

New investment is bringing life back into the fine Victorian streets of the city centre, where independent shops and boutiques offer everything from designer labels to trendy interiors and quirky gifts.

Nightlife in the city is also on the up, with new stylish bars and restaurants, catering for practically all tastes, join the established favourites. The city's underground music scene is also worth exploring, with numerous venues across the city playing hosts to new local and national talent.





More activities can also be found at the Sunnyside Leisure Complex. Purpose built for entertainment, it features a casino, a 12 screen cinema, tenpin bowling and a range of hip eateries. Sunderland was also recently voted one of the top 10 cities in the country for student experience. The thousands of young people who flock to the striking new city centre and riverside campuses make the most of what Sunderland has to offer, bringing an additional vibrancy to the city as a result.

Stadium of Light

Football is something of a religion in sports mad Sunderland and the 49,000 seat Stadium of Light could almost be considered its cathedral. The home of Sunderland AFC, it is widely regarded as one of the best football stadia in Europe. It plays host to a range of events and concerts throughout the year and conducted tours are available all year round.

Eating out and nightlife

Sunderland is a city that knows how to enjoy itself and with a host of new bars and restaurants opening there is no shortage of places to have a good time. For eating out you can take your pick from the nouvelle to the traditional and the city's nightlife venues range from contemporary bars and nightclubs to the comfort and welcome of an old-fashioned North East pub.

The Bridges Shopping Centre

The Bridges Shopping Centre in Sunderland is one of the North East England's largest shopping centres with over 100 shops, including a huge Debenhams Department Store and 1,300 car parking spaces. The great range of shops at the



centre means that there is something for everyone, all under one roof and open seven days a week.

University of Sunderland's City Campus

Student life in Sunderland is also on the up with the University's new multi million pound investment into the city campus. The development includes the £12m flagship sport and social facility City Space, which has now finished its 3 year journey from planning to completion. CitySpace houses a six-badminton court sports hall, hi-specification fitness suite, climbing wall and injuries and massage clinics as well as a variety of student spaces and social areas.

For a full list of attractions visit page 20.



Country-Side

Stunning coastal scenery, acres of green space, award-winning parks and nature reserves - it's out and about in the great outdoors where Sunderland really comes into its own.

Ancient woodlands, nature reserves, marshes and wildflower meadows, a fine coastline and the beautiful valley of the River Wear are all part of the city's varied and accessible landscape.

You can fill your lungs with fresh air at one of Sunderland's country parks, Herrington, Hetton Lyons or James Steel. There's also a wealth of interesting wildlife habitats to visit, including the wetland nature reserve at Joe's Pond, Rainton Meadows and the Washington Wetland Centre, where unusual and beautiful birds overwinter and breed.

A stroll along one of the UK's longest stretches of city-side beaches at Roker and Seaburn will leave you feeling relaxed and refreshed. At Roker, the swathe of sand gives way to interesting geological

structures, with rugged cliffs and unique 'cannonball' limestone rock formations. The site contains a vast range of marine life, providing feeding grounds for wading birds including the purple sandpiper and turnstone.

Roker and Seaburn Beaches

Just north of Sunderland City Centre both Roker and Seaburn beaches provide a wonderful seaside playground for adults and children alike.

Closest to the city, Roker is an ideal place for water sports, with the Marine Activities Centre and other facilities close by. At the north end of the beach, the swathe of sand gives way to interesting geological structures, with rugged cliffs and 'cannonball' limestone rock formations. Further north the wide stretch of golden sand at Seaburn and its green, traffic-free promenade are used throughout the year as both a place of play and a place of relaxation.

These award winning beaches and their nearby parks also play host to a number of Sunderland's annual outdoor events, including the annual Sunderland International Airshow.

Washington Wetland Centre

Explore more than 100 acres of wetland, woodland and wildlife reserve, with rare and endangered waterfowl. Visit the nursery from May to July and see fluffy ducklings take their first steps or in the winter months you can watch colourful woodland birds at Hawthorn Wood feeding station. There are picnic areas, the Waterside Café with sun terrace, a gift shop, Splash Zone play area, an interactive



Seaburn Beach



Herrington Country Park



Penshaw Monument

Discovery Centre and art exhibitions. Don't miss the new Stream Channel, where the Grey Wagtail and Kingfisher can be spotted and the Close Encounters Area, where rare and endangered wildfowl will eat straight out of your hand.

Herrington Country Park

Overlooked by the Penshaw Monument, Herrington Country Park offers walk and cycle trails, environmental sculptures and is home to Sunderland's annual Race for Life. The park also features one of the largest open-air concert sites in the North East and a contemporary children's play park, designed around a well-known local myth, the story of the Lambton Worm.

Penshaw Monument

One of the North East's most prominent landmarks, Penshaw Monument was built in 1844 in honour of the first Earl of Durham, John George Lambton. Modelled on the Thesion, the Temple of Theseus in Athens, Penshaw stands magnificently above the city on a limestone hill with spectacular views across the city.

Down at the Farm

Down at the Farm offers a brand new farm experience in Sunderland for the whole family. With many rare breed animals - distinctive for their appearance and lovable nature - the attraction is particularly popular with children. Along with many familiar farm animals various creatures from other parts the world can also be found here, including wallabies, a giant tortoise, lamas, a python and many more.

Joe's Pond

Joe's Pond is a deep freshwater pond that is part of the Rainton Meadows Nature Reserve - an area that occupies the reclaimed site of the Rye Hill coal mine. It is an excellent bird watching site with over 140 species to be seen, including wintering teal, pochard and tufted duck, and in summer great crested grebes. The surrounding scrub areas host large winter flocks of thrushes and all five species of owl can be regularly seen there.

James Steel Park

Named after Sir James Steel, Lord Lieutenant of Tyne & Wear from 1974 - 1984, this stunning park stretches from the Washington Wetland Centre to Fatfield along the River Wear. There are vantage points and opportunities for fresh water fishing, horse riding and cycling.



Roker Beach



Washington Wetlands Centre



Mowbray Park

Sport

There's no excuse not to try something new in a city that's full of opportunities for energetic and not so energetic activities.



Marina activities



'C' sculpture, Roker



Sunderland Aquatic Centre

Sunderland offers a wealth of indoor and outdoor activities, whether it is a gentle stroll along an award winning beach, a more challenging snowboarding session or speedy chase around an outdoor karting track, the city will leave you exhilarated.

After the recent completion of the new Sunderland Aquatic Centre, the city is now home to some of the country's finest swimming facilities including the region's only Olympic size swimming pool.

Sunderland also has some spectacular coastal walks to suit all ages and energy levels. The sands of the city's beaches at Roker and Seaburn are the perfect place for walking and jogging, or try your hand at one of the many watersports available at the Marine Activities Centre located at the picturesque Sunderland Marina.

You can take a stroll along cliff-top parks or follow the Bede's Way, Walney to Wear (W2W) and Coast to Coast (C2C) cycle routes.

C2C Cycle Route

The global award-winning Coast to Coast cycle route begins on the West Cumbrian coast at either Whitehaven or Workington and travels 140 miles to the North Sea coast at Roker in Sunderland. Along the way it uses minor roads, tracks, disused railways and river promenades as it passes through the Cumbrian Fells, Eden Valley, Durham Moors and Weardale. Around 15,000 people a year complete the challenge, raising millions for charity, and celebrate by dipping their front wheels in the

sea at Roker beach and having a memorable photo taken at the new 'C' sculpture marking the end of the route.

Sunderland Sk8 City

Situated at the Silksworth Sports Complex, Sk8 City is a fabulous park for wheeled sports that caters for boarders, bladers and BMX-ers of all ages and abilities.

Sunderland Aquatic Centre

In 2008 Sunderland's newest and most ambitious regeneration project was unveiled when the Sunderland Aquatic Centre opened at Stadium Park, right next door to the Stadium of Light. The centre features the region's first ten lane 50m Olympic size swimming pool, a diving pool, two group-training studios, a split-level Wellness Centre, cardio-cycle zone, kinesis zone and extensive free weight area.

The Sunderland Wall

Sunderland is home to Europe's premier indoor climbing centre where the facilities and courses cater for everyone from three years of age. Situated in a past ship building shed on the banks of the River Wear, Sunderland Wall is the tallest climbing wall in the UK.

Silksworth Sports Complex

The complex includes a floodlit dry ski slope and two nursery slopes, as well as catering for a variety of outdoor activities such as skiing, snowboarding and snow tubes, with tuition courses for all ages and abilities.

Silksworth Sports Complex
and Ski Slope



Marine Activities Centre and Adventure Sunderland

The marina at Roker is Sunderland's main focus for all types of water-based sports and leisure activities, from sailing and canoeing to pleasure fishing and windsurfing.

North East Diving Academy

At North East Diving Academy every type of diver is catered for from the individual novice to the most advanced technical dive team. The centre offers a full range of diving equipment, sales, servicing and rental in addition to PADI and IANTD training courses. The academy team also has extensive knowledge of the Sunderland coast line and wreck sites and can arrange individual and group diving trips.

Candidate Host City for the 2018/2022 FIFA World Cup



In December 2009, Sunderland was successful in securing Candidate Host City status alongside 11 other cities that will be included in The Football Association's bid to bring the FIFA World Cup™ to England in 2018/2022.

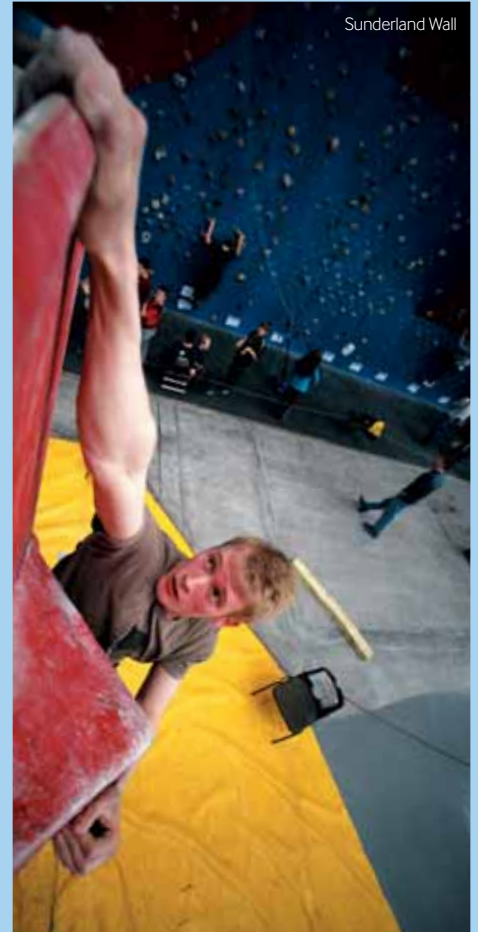
A successful bid for England would mean that matches would be played at the Stadium of Light during the World Cup finals

To show your support for England's bid, text ENGLAND to 62018 or back the bid at www.England2018bid.com



Sunderland Marina

Sunderland Wall



Stadium of Light

Kids can Play

One thing is for sure, kids of all ages will have a whale of a time in Sunderland!

With so many things to do, including free attractions and events to enjoy, Sunderland will keep the whole family entertained.

Exciting attractions can be found throughout the city and the surrounding area with fun and interactive activities featured at many of the city's museums and visitor centres.

Look out for hands on exhibits, computer interactives and indoor presentations at the Sunderland Museum & Winter Gardens, Monkwearmouth Museum and Fulwell Mill, making a fun visit for all ages.

The National Glass Centre offers a stimulating and adventurous programme of exhibitions, high quality and educational resources and learning opportunities for all. Live glass blowing demonstrations can be seen every day at the centre or give it a go yourself, at one of the many glass making workshops.

The energetic types might prefer to take to the slopes at Silksworth Sports Complex which offers all year round recreational skiing, snowboarding and snow tubes as well as tuition courses for all ages, groups and abilities.

While Sunderland Wall, the city's premier indoor climbing centre, caters for everyone from the very young novice to the die hard crag rat.



Down at the Farm

For those who like making a splash, the Marine Activities Centre is great for all types of water-based sports and leisure activities, from surfing and canoeing to pleasure fishing. Or why not try one of the many city's leisure centre's, including the new Sunderland Aquatic Centre, the biggest pool in the North East!

Or if dry land is more of a preference, SK8 City is a fully-supervised park for wheeled sports that cater for boarders, bladers and BMX-ers of all ages and abilities, while Karting North East caters for junior karters, introducing youngsters to the thrill of real outdoor racing.

Sunderland's parks, beaches and the surrounding countryside are also well worth exploring. Both Roker and Seaburn beaches provide a wonderful seaside playground for adults and children alike, while the city's many parks feature children's play and activity areas.

To discover more about wildlife, the vibrant and fascinating Washington Wetland Centre is home to exotic birds, amazing insects and beautiful wild scenery or to wash a pig and ride in a tractor visit Down at the Farm, where, amongst the farm favourites, many rare breed animals can also be found, such as reindeers, reptiles and a 17 foot python!

The Sunderland Empire also has a fantastic range of children's shows on offer including Annie, Horrible Histories, Postman Pat, Sleeping Beauty and Oliver.

Silksworth Sports Complex
and Ski Slope



Down at the Farm



Sunderland Museum & Winter Gardens

Top attractions for

kids and families!

- Sunderland Museum & Winter Gardens
- Monkwearmouth Station Museum
- Sunderland Aquatic Centre
- National Glass Centre
- Silksworth Sports Complex and Ski Slope
- SK8 City
- Sunderland Wall
- Marine Activities Centre and Adventure Sunderland
- Fulwell Mill
- Down at the Farm
- Washington Wetland Centre
- Stadium of Light
- North East Aircraft Museum
- Karting North East
- Shows at Sunderland Empire
- Seaburn and Roker Beaches
- Mowbray and Roker Parks
- Herrington Country Park
- Penshaw Monument
- Bowling
- Cinema
- Sunderland International Airshow
- Sunderland International Friendship Festival



Roker and Seaburn beaches

Events

Sunderland's green spaces and magnificent coastline make an ideal stage for a number of exhilarating outdoor festivals and events.

see
sunderland

Sunderland's wide-ranging programme of events and festivals means that you're never short of something to share, experience and enjoy. From the adrenaline rush of the Red Arrows at the Sunderland International Airshow, to the world's best kite flyers at the Sunderland International Friendship Festival, there is always something going on in Sunderland to suit all tastes.

New for 2010 are a range of music events at the Stadium of Light, with Pink kicking off her national tour on the 11th June. The Sunderland Empire will also welcome many popular West End productions, including Dreamboats & Petticoats and Sleeping Beauty.

Take a look at the events calendar on page 33 to get an idea of what's in store for 2010/11, or go to



Sunderland International Airshow

www.sunderlandevents.com for the most comprehensive and up-to-date listings.

BUPA Great North 10k

The Bupa Great North 10k in Sunderland takes place in July when thousands of runners are expected to take part in the second staging of the popular 10km event.

The event is suitable for runners of all abilities aged 15 and over and follows a city centre route which starts at Sunderland AFC's Stadium of Light taking runners over the Wearmouth Bridge through the city out to the coast and back to the finish line at Stadium of Light.

Christmas Festival

Sunderland comes alive in November and December with the annual Christmas Experience

Festival. Kicking off the festive season is the annual 'Switch on', bringing the streets alive with light, the festival continues with a food court and fun activities for all the family including the traditional pantomime at the Sunderland Empire. The festival culminates in the annual Boxing Day Dip, an exhilarating event for those adventurous enough to brave the chilly North Sea waters and fun for those spectating.

Heritage Open Days

Heritage Open Days, as part of a national event, celebrates Sunderland's heritage and culture by offering free access to properties and attractions that are usually closed to the public or normally charge admission. Free of charge Heritage Open Days is an event for everyone.



BUPA Great North 10k Run



International Friendship Festival



Sunderland International Airshow

International Friendship Festival



Sunderland International Airshow

Crowds are expected to flock to the seafront at Seaburn once again for the 22nd Sunderland International Airshow, the biggest free event of its kind in Europe. The action-packed weekend offers a great day out for all the family with a range of exhibits and attractions. Look out for the Red Arrows, overseas air forces and the RAF plus vintage aircraft and parachute displays. This year even more steps are being taken to reduce the show's carbon footprint.

International Friendship Festival featuring the Kite Festival

Held annually in Washington, the International Friendship Festival featuring the Kite Festival is this year celebrating its 25th anniversary. Kite flyers from all over the world will be filling the skies with a stunning array of kites. Music and dance performances, craft fairs and street entertainment combine to create a free, fulfilled weekend for all ages.

Shows at Sunderland Empire

Referred to as the West End of the North East, the Sunderland Empire boasts 21st Century facilities and is the only theatre between Manchester and Edinburgh capable of staging large West End productions. The theatre regularly plays host to large-scale musicals, opera, ballet, dance showcases, amateur productions and one-night shows.



The City Sings



Houghton Feast

Nearby

Sunderland is ideally placed as a base for exploring the wider North East England. Within a 20-mile radius, you have access to some of the best heritage and cultural attractions in the UK.



South Tyneside



Durham City



NewcastleGateshead

The historic city of Durham, with its magnificent 900 year-old cathedral and Norman castle is just 30-minutes away by road.

The cultural delights of NewcastleGateshead, including the remarkable music venue, The Sage Gateshead, and Baltic Centre for Contemporary Art, are within an easy 25-minute journey by Metro.

Travelling along the coast from Sunderland, there is more stunning coastal scenery to explore in County Durham, North Tyneside and South Tyneside.

For history and heritage fans there is Bede's World located near to St Paul's Church in Jarrow, the historic twin monastery site to St Peter's.



Beamish Museum

The tangible wealth of 500 years of Roman history can be seen in sites such as Segedunum at Wallsend and Arbeia Fort at South Shields, and by following the Hadrian's Wall Path National Trail.

Sunderland is also a short distance away from one of Britain's top visitor attractions, the open air museum at Beamish where 19th and 20th century life in Northern England is vividly recreated.

Beamish Museum

Situated just a short drive from Sunderland, Beamish Museum is a 300 acre open-air museum that features recreations of 19th and early 20th century farm, colliery and village life. Frequent special events and activities add to the fascinating range of onsite activities, including tram, steam engine and old-fashioned railway rides.

Bede's World

Based around the monastery at St Paul's in Jarrow, Bede's World is a captivating multimedia museum that explores the history of medieval Northumbria. It traces the development of English Christianity using the writing of the Venerable Bede, archaeological finds and re-creations of life in a Saxon village. St Paul's, together with St Peter's in Sunderland, form the twin monastic site of Wearmouth-Jarrow, which is the UK's nomination for World Heritage Site status in 2011.

Historic Durham

The towers of Durham's magnificent Cathedral dominate the skyline of one of England's finest historic cities. Once the seat of power of the ruling Prince Bishops of the region, the Cathedral and

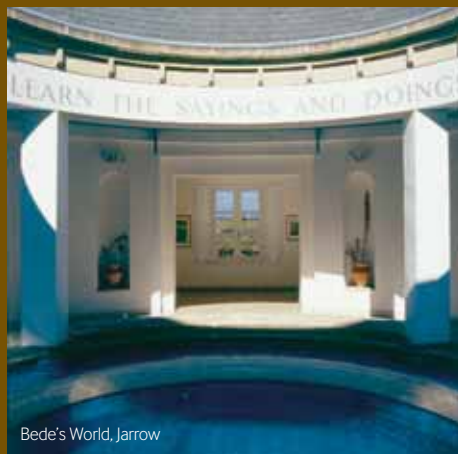
Castle date from the end of the 11th century and together are recognised as a UNESCO World Heritage Site. Sitting high above the surrounding landscape, they occupy an enviable natural setting overlooking the River Wear.

To find out about attractions in the region visit www.visitnortheastengland.com

Discover Pass

Look out for the Discover Pass. Available at Tourist Information Centres throughout the region. This card offers you substantial discounts and offers at some of the region's most popular tourist attractions.

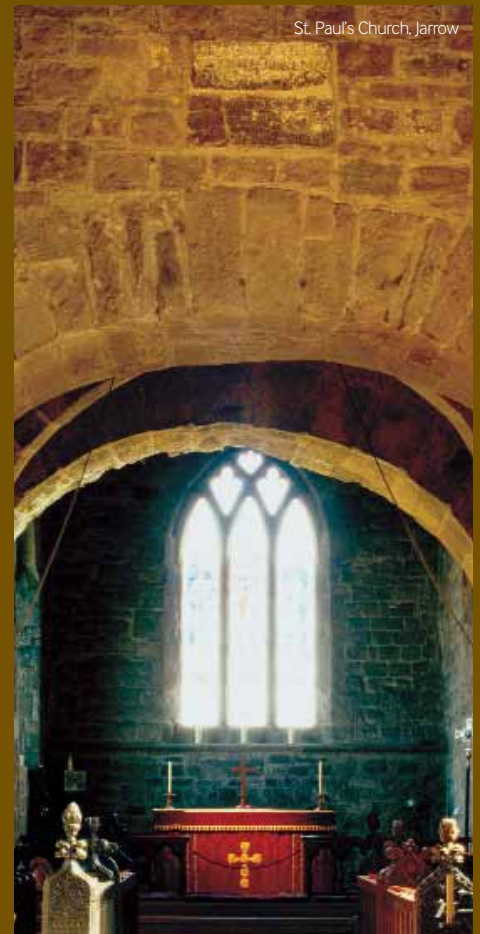
For further information call 0191 553 2000 or www.visitsunderland.com.



Bede's World, Jarrow



Bede's World, Jarrow



St. Paul's Church, Jarrow